



MHA

Mental Health Advocates
Be Heard. Be Helped. mhawny.org

60 YEARS



SERVING WNY

MHA is a team of experienced mental health advocates who provide resources, programs, and hope for our community. We promote mental health and well-being for people of all ages and demographics throughout **Western New York.**



30,000

INDIVIDUALS
SERVED ANNUALLY

Since 1962, advocacy has been at the core of what we do



78

SCHOOLS
SERVED



10,000

STUDENTS
SERVED

42

STAFF



\$2.6 MILLION

ANNUAL OPERATING BUDGET



8,000

INBOUND CALLS ANNUALLY



400

INDIVIDUALS

RECEIVING LEGAL ASSISTANCE

FUNDING BY SOURCE

50%

GRANTS

33%

CONTRACTS

17%

DONATIONS



Mental Health Advocates
1021 Broadway, 5th Floor
Buffalo, NY 14212 | mhawny.org
p. 716.886.1242 f. 716.881.6428

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Mental Health Advocates is a 501(c)(3) not-for-profit organization.

MHA PROGRAMS

Non-clinical mental health support services, including referrals, workshops, and education.

BEST



Basic Emotional Skills Training is a classroom program for Pre-K to Second Grade. It cultivates vital social and emotional skills for academic and life success.

CASA



Court Appointed Special Advocates is a program where dedicated volunteers, appointed by Family Court judges, advocate for abused and neglected children.

LEGAL



Legal Services empower individuals disabled by mental illness to live independently by championing their fundamental rights and connecting them with suitable community resources.

Family Support Program



The **Family Support Program** offers essential services for families coping with a member facing significant emotional or behavioral challenges.

"Just Tell One"



"Just Tell One" is a peer-to-peer initiative and school program designed for individuals aged 12-26. It teaches them how to establish connections with a trusted person or become one for someone else.

Info & Referral



Information & Referral Services assists individuals and families in finding support amid the rising rates of anxiety and depression.

Mindset



Mindset is a suite of programs designed to foster mentally healthy workplaces and employees. These offerings, including presentations and Mental Health training, benefit both individuals and businesses.

YPA



Youth Support Programs, guided by credentialed Youth Peer Advocates, provide vital assistance to at-risk youth aged 13-26. Drawing from their own experiences, YPAs lead peer support groups, educational sessions, and offer one-on-one non-crisis support.

OPCOM



Operation Children of the Military is a no-cost initiative, conducted in collaboration with the Veterans One Stop Center of WNY. Its purpose is to assist children from military families in managing the challenges of deployment and reunification while fostering connections with fellow military families and their children.



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